## ABSTRACT OF THE DISCLOSURE

A method is provided for the preparation of nanoscale particle arrays having

highly uniform crystals of metal, semiconductor or insulator materials grown in
nanopores in the surface of a substrate, wherein the method uses pulse-reverse
electrodeposition of metals with a rectangular or square waveform in order to generate
high homogeneity of crystals and high in-plane or out-of-plane anisotropy in a
controlled manner, enabling the creation of a variety of devices, including but not
limited to high density storage media.